**Three Workable Ways to Reset Your Lost Windows 7 Password**

Reset windows 7 password, lost windows 7 password, reset windows 7 admin password, locked out of windows 7,

Forgot your Windows 7 admin password and was totally locked out of your computer? This article will show you three ways to reset a lost Windows 7 password easily without data loss. Work for all Windows 7 editions. These methods also work for [Windows Vista password reset](https://www.wimware.com/how-to/reset-windows-vista-password.html).

**Tip 1: Reset Lost Windows 7 Password with Password Key Disk.**

This is an easy and the most basic solution for recovering a lost Windows 7 admin or user password. Note that a password key disk must be created before you forgetting your password, otherwise it is useless.

1. When you sign in your Windows 7 admin account failed, a link to reset password will be shown. Insert your password key disk and then click the link.
2. “Password reset wizard” appears, click “Next” to continue.
3. Select your password key disk and then click “Next”
4. Choose a new password and type a hint or not, and then click “Next”.
5. Click “Finish” to close the password reset wizard and then you can sign in your admin account with the new password.

**Tip 2: Reset Your Windows 7 Password with Windows 7 Password Recovery Tool.**

If you [forgot Windows 7 and have no password key disk](https://www.wimware.com/how-to/forgot-windows-7-admin-password.html), Windows 7 Password Recovery Tool can help you a lot. It can reset Windows 7 local administrator and user password with CD/DVD/USB flash drive. Works perfectly on Windows 7 starter, home basic, home premium, professional and ultimate etc.

Firstly, you need to log on another computer to install [Windows 7 Password Recovery Tool](https://www.wimware.com/windows-7-password-recovery/) program and then run it to create a small boot disk with CD/DVD/USB. A USB flash drive is recommended as it is easy to use. Once burning to a USB flash drive completes, follow the steps bellow to reset your lost Windows 7 admin password.

1. Plug the USB boot disk to your locked computer. Power on the computer and hit F12 or Fn+F12 immediately to get into “Boot Options” screen. Select your USB drive and press Enter.
2. Computer will boot from your USB drive and show you the Windows 7 Password Recovery interface.
3. Windows 7 system on your computer and all local user accounts will be shown in list.
4. Click “administrator” account from list.
5. Click “Reset password” button, when a confirm message pops up, click “Yes”.
6. The administrator password will be removed and shown blank in list.
7. Click “Reboot”, once a confirm message pops up, unplug your USB and then click Yes.
8. PC restarts, when the welcome screen appears, simply click Administrator to sign in without password.

**Tip 3: Reset Lost Windows 7 Password by using a Windows 7 installation disk.**

This is a good way to reset lost/forgotten Windows 7 admin password without password reset disk or software, but you need to prepare a Windows 7 installation CD/DVD/USB. Of course, you can [create a Windows 7 install DVD/USB with the help of Windows DVD/USB Download Tool](https://www.wimware.com/how-to/create-windows-7-vista-install-media.html) from Microsoft. After that, follow the steps bellow to reset your Windows 7 administrator password.

1. At first, insert Windows 7 installation disk to CD/DVD ROM and reboot the system.

2. Press any key when it asks for.

3. After that, select your language and keyboard preferences there and click “Next” to continue to next window.

4. Click “Repair your computer” link at the very bottom of the next window

5. “System recovery options” window appears next to it

6. Click on “Command prompt” option.

7. Now, run the following command first:

**move c:\windows\system32\sethc.exe c:\**

1. Execute this net command also:

copy c:\windows\system32\cmd.exe c:\windows\system32\sethc.exet)

9. Now, close everything and reboot your PC and wait until the log on screen appears. Press “Shift” key five times to open command prompt window with administrative privilege.

10. Now, run the following command: **net user administrator 123456** to reset your Windows 7 administrator password.

11. Close the CMD window and then you can sign in administrator with the new password.